



## Heron Cross Primary School Relationships and Sex Education 2025-26

### Intent:

At Heron Cross Primary School, our vision for Relationships and Sex Education is to empower every child to grow into a confident, respectful and emotionally literate individual who can build healthy relationships and make safe, informed choices. Through the Kapow Primary curriculum, we provide a carefully sequenced, age-appropriate programme that nurtures pupils' personal development, celebrates diversity and equips them with the knowledge and skills they need to thrive in a changing world.

We believe that effective RSE begins with creating a safe, inclusive environment where all pupils are valued and their voices are heard. Our teaching promotes kindness, empathy, and responsibility, helping children to understand themselves, respect others and develop positive relationships both in school and beyond. We are committed to working in partnership with parents and carers to ensure that our RSE reflects our community's values and supports every child's wellbeing.

By the time children leave Heron Cross, they will be confident in their sense of identity, understand the importance of consent and respect, know how to stay safe—online and offline—and be prepared for the physical and emotional changes ahead. Our vision is for all pupils to become resilient, compassionate and informed young citizens who contribute positively to society.