



Heron Cross Primary School

PE 2025-26

Intent:

At Heron Cross, our Physical Education curriculum is designed to provide our pupils with a holistic and enriching educational experience that fosters physical, mental and emotional development. Our intent is to create a lifelong love for physical activity, promote healthy living, and instill values of sportsmanship, teamwork, perseverance and respect.

Our primary goal is to help pupils develop fundamental physical skills through a diverse range of activities, games, and sports. We are committed to educating our pupils about the importance of a healthy lifestyle; we want our pupils to make informed choices that lead to a healthy and active life.

At Heron Cross, we use the Get Set 4 PE scheme of learning and a specialist PE teacher to conduct our assessment, planning and delivery of PE lessons. The curriculum is progressive in nature, allowing the pupils to build on their skills year on year. We believe that every pupil should have the opportunity to participate in physical education, our curriculum is designed to be inclusive, catering to all abilities and needs. We provide adaptations and support to ensure that all pupils can engage in physical activities and experience success. Pupils learn the value of working together, respecting differences, and achieving common goals. The safety of our pupils is paramount, we ensure that all activities are conducted with appropriate safety measures and supervision. Pupils are taught to be aware of their own safety and the safety of others during physical activities.

At Heron Cross, we encourage involvement in extracurricular clubs, sports teams and community events to broaden pupils' horizons and create a sense of belonging to a larger sporting community. Sport is celebrated at Heron Cross with annual sports days, regular parent workshops and exciting links and partnerships with local sporting venues and other schools.