# **SMSC Subject Statement**



## Subject: PSHE (including RSE)

### **Spiritual**

• PSHE encourages children to reflect on their own feelings, strengths, goals and identity. RSE helps them understand emotions, personal boundaries and what contributes to a sense of well-being and self-worth.

#### Moral

 Pupils learn about right and wrong through exploring themes within our values such as respect, kindness, honesty and responsibility. They learn to consider the consequences of their actions and understand the importance of making safe and healthy choices.

#### Social

 PSHE and RSE develop pupils' communication skills, empathy and ability to work cooperatively. Children learn about friendships, families, teamwork and resolving conflict, helping them to build positive relationships and contribute to their community.

#### Cultural

• Through learning about different families, lifestyles, beliefs and backgrounds, pupils develop respect for diversity. PSHE helps children appreciate similarities and differences and understand how to be inclusive and respectful in modern society.