



Heron Cross Primary School

RSE Local support for primary-age children and their families in Stoke-on-Trent 2025-2026

Family Hubs / Early Help

- Stoke-on-Trent has a network of *Family Hubs* for children from birth up to 19. These hubs are a joined-up offer for early intervention: mental health, parenting, health visits, relationship support. stoke.gov.uk+2stoke.gov.uk+2
- There is also a **Digital Family Hub** offering advice and guidance on parenting, early help, communication & language development, and mental wellbeing. stoke.gov.uk
- For early help, families can be allocated a “Lead Worker” (e.g. a Health Visitor, Youth Worker) who can help coordinate support and build a plan. [Family Hub+1](#)
- To access the parenting / family groups, parents can email familygroups@stoke.gov.uk. [Family Hub](#)

Parenting & Relationship Support

- Through the Family Hubs, there are **group courses** for parents, including:
 - *Family Links Playful Parenting* – for building positive relationships, understanding children’s behaviours. [Local Offer](#)
 - *Family Links Nurturing Programme*. [Family Hub+1](#)
 - *Keeping Your Child in Mind* – helps parents reflect on their own parenting, discuss feelings and improve parent-child communication. [Family Hub](#)
- Online courses via the **Solihull Approach** (in partnership with Stoke-on-Trent Family Hub): free for parents / carers to build emotional literacy, understand their child’s development, and strengthen family relationships. [Local Offer](#)

Voluntary / Community Support via “Family Matters”

- *Family Matters* is a local collaborative programme, set up by Stoke-on-Trent City Council + voluntary partners, to provide **early support for families**. families.stoke.gov.uk+2stoke.gov.uk+2
- The *Locally Trusted Organisations (LTOs)* involved include:
 - **Just Family**
 - **YMCA North Staffordshire**
 - **Alice Charity**
 - **Family Focus** stoke.gov.uk+1
- **Family Focus**, in particular, runs parenting programmes, one-to-one support, and play-based interventions for younger children (0-10 yrs) to build social/emotional skills, resilience, and healthy relationships. [Local Offer](#)

Emotional Wellbeing / Mental Health for Young Children

- The **Stay Well / Emotional Health & Wellbeing Service**: Stoke-on-Trent City Council (in partnership with the ICB) commissions this for children. Provides:
 - Skills training for children and parents to manage emotions / relationships
 - Targeted support, including counselling or psycho-educational work. stoke.gov.uk

- For very young children (early years), *Health Visitors* are a key contact. They monitor development, emotional wellbeing, and family dynamics. Staffordshire's Healthy Child Programme covers 0-5 years. [Staffordshire County Council](#)

Safeguarding / Child Protection

- Stoke-on-Trent Safeguarding Children Partnership: if there are concerns about a child's safety, abuse, or disclosing something difficult through RSE lessons, schools or parents can contact their safeguarding team.
- The *Multi-Agency Safeguarding Arrangements* document emphasises that Family Hubs are part of early intervention and risk prevention.

Support for Parents of Children with Additional / Special Needs

- **SEND Information, Advice & Support Service (IASS):** provides legal, educational, and wellbeing advice to parents/carers of children with SEND (including primary age). [nhs.uk](#)
- The *Local Offer* for Stoke-on-Trent also lists parenting support, SEND-specific groups, and advice for healthy relationships / family wellbeing. [Local Offer](#)