

WEEK 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Mustard	Milk	Nuts	Fish	Sesame Seeds	Molluscs	Soya	Peanuts	Sulphur Dioxide	Lupin
MONDAY														
Menu Item														
Cheese & Potato Bake				✓	✓	✓							✓	
Fish Cake		WHEAT			✓	✓		✓						
Cornflake Cupcake		BARLEY												
Daily Items														
Jacket Potatoes:														
Cheese						✓								
Beans														
Tuna Mayo				✓				✓						
Sandwiches:		WHEAT									✓			
Wraps:		WHEAT GLUTEN												
Ham														
Cheese						✓								
Tuna				✓				✓						
Other Items:														
Baked Beans														
Peas														
Plum Tomatoes														
Sweetcorn														
Stuffing		WHEAT												
Baton Carrots														
Gravy		SOYA									✓			
Garlic Bread		WHEAT												
Mushy Peas														
Rice														
Pasta		WHEAT												
Mixed Vegetables														
Naan Bread		WHEAT												
Yorkshire Puddings		WHEAT		✓		✓								

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<u>TUESDAY</u>														
<u>Menu Item</u>														
Pork Sausage		WHEAT												
Quorn Sausage		WHEAT GLUTEN												
Cheese Oatcake		WHEAT				✓								
School Cake Muffin		WHEAT		✓		✓								
<u>Daily Items</u>														
<i>Jacket Potatoes:</i>														
Cheese						✓								
Beans														
Tuna Mayo				✓				✓						
<i>Sandwiches:</i>		WHEAT									✓			
<i>Wraps:</i>		WHEAT GLUTEN												
Ham														
Cheese						✓								
Tuna				✓				✓						
<i>Other Items:</i>														
Baked Beans														
Peas														
Plum Tomatoes														
Sweetcorn														
Stuffing		WHEAT												
Baton Carrots														
Gravy		SOYA									✓			
Garlic Bread		WHEAT												
Mushy Peas														
Rice														
Pasta		WHEAT												
Mixed Vegetables														
Naan Bread		WHEAT												
Yorkshire Puddings		WHEAT		✓		✓								

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WEEK 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Mustard	Milk	Nuts	Fish	Sesame Seeds	Molluscs	Soya	Peanuts	Sulphur Dioxide	Lupin
THURSDAY														
Menu Item														
Roast Chicken														
Pasta Bake and Garlic Bread		WHEAT				✓								
Golden Crunch Cookie		WHEAT												
Daily Items														
Jacket Potatoes:														
Cheese						✓								
Beans														
Tuna Mayo				✓				✓						
Sandwiches:		WHEAT									✓			
Wraps:		WHEAT GLUTEN												
Ham														
Cheese						✓								
Tuna				✓				✓						
Other Items:														
Baked Beans														
Peas														
Plum Tomatoes														
Sweetcorn														
Stuffing		WHEAT												
Baton Carrots														
Gravy		SOYA									✓			
Garlic Bread		WHEAT												
Mushy Peas														
Rice														
Pasta		WHEAT												
Mixed Vegetables														
Naan Bread		WHEAT												
Yorkshire Puddings		WHEAT		✓		✓								

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WEEK 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Mustard	Milk	Nuts	Fish	Sesame Seeds	Molluscs	Soya	Peanuts	Sulphur Dioxide	Lupin
FRIDAY														
Menu Item														
Fish Fillet		WHEAT						✓						
Chicken Tikka Masala						✓								
Quorn Tikka Masala		GLUTEN BARLEY		✓		✓								
Fruit Jelly & Cream						✓								
Daily Items														
Jacket Potatoes:														
Cheese						✓								
Beans														
Tuna Mayo				✓				✓						
Sandwiches:		WHEAT									✓			
Wraps:		WHEAT GLUTEN												
Ham														
Cheese						✓								
Tuna				✓				✓						
Other Items:														
Baked Beans														
Peas														
Plum Tomatoes														
Sweetcorn														
Stuffing		WHEAT												
Baton Carrots														
Gravy		SOYA									✓			
Garlic Bread		WHEAT												
Mushy Peas														
Rice														
Pasta		WHEAT												
Mixed Vegetables														
Naan Bread		WHEAT												
Yorkshire Puddings		WHEAT		✓		✓								

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