



HERON CROSS PRIMARY SCHOOL

**Relationships and Sex Education
(RSE Policy)**

Reviewed: September 2025

Next review: September 2026

1. Introduction

This policy outlines Heron Cross Primary School's approach to delivering Relationships Education, Sex Education, and Health Education in accordance with the Statutory Guidance: Relationships Education, Relationships and Sex Education (RSE) and Health Education (July 2025).

We are committed to ensuring that our provision of RSE supports pupils' development and wellbeing in a safe, inclusive and age-appropriate way. We deliver this through the Kapow Primary programme and complementary curriculum links, equipping children with the knowledge and values to develop healthy relationships and make informed decisions.

2. Policy Development and Review

This policy has been developed in consultation with:

- Senior Leadership Team
- School Governors
- Teaching staff

The policy is reviewed annually by the Senior Leadership Team and PSHE Lead and is approved by the Governing Body. It is publicly available via our school website and in paper form upon request.

3. Curriculum Content

a) Subject Content and Differentiation

Our curriculum includes:

Area	Delivered Content
Relationships Education (Statutory)	Families and people who care for me, caring friendships, respectful relationships, online relationships and being safe. Includes discussions around boundaries, consent, diversity in relationships and keeping safe from harm, including online abuse or grooming.
Health Education (Statutory)	Mental wellbeing, physical health, healthy eating, health prevention, basic first aid, changing adolescent body (including puberty).
Sex Education (Non-statutory in Primary)	In Year 6, we provide a brief, age-appropriate introduction to human reproduction, including how babies are conceived and born, contextualised within the human life cycle.

We clearly distinguish between Relationships Education and Sex Education. Relationships Education does not involve detailed explanations of sexual activity but may address sensitive topics (e.g. personal boundaries, consent, online safety) to safeguard pupils.

b) Curriculum Delivery

- We follow the Kapow Primary RSE and PSHE scheme, which is age-appropriate, inclusive and aligned with the PSHE Association Programme of Study and the statutory guidance.
- Content is delivered weekly through timetabled PSHE lessons across all year groups (EYFS to Y6).
- RSE is integrated into other subjects, such as Science and Computing, where appropriate (e.g. reproduction, digital safety).
- Topics are revisited and developed progressively each year.

c) Who Teaches It

- RSE is taught primarily by class teachers, who are known to pupils and trained in delivering sensitive content.
- Where appropriate, external providers (e.g. health professionals or school nurses) may support delivery, particularly around puberty and hygiene. These are checked and approved in advance, and parents are notified.
- All teaching is under the guidance and coordination of the PSHE/RSE Lead.

4. Inclusion and Accessibility

We are committed to ensuring that all pupils, including those with Special Educational Needs or Disabilities (SEND), can access the curriculum. Strategies include:

- Adapting teaching methods and resources
- Providing adult support where necessary
- Using visual aids, differentiated texts or simplified explanations
- Ensuring materials reflect a range of family structures, genders and cultural backgrounds

We also liaise with the SENDCo and families to make reasonable adjustments where needed.

5. Parental Engagement and Right to Withdraw

Viewing Curriculum Materials

Parents and carers are:

- Informed in advance about the topics being taught
- Given access to resources and lesson outlines upon request
- Invited to workshops and consultation events to review curriculum materials and discuss concerns

Right to Withdraw from Sex Education

- Parents do not have the right to withdraw their child from statutory Relationships or Health Education.
- Parents do have the right to request withdrawal from non-statutory Sex Education taught in Year 6.
- Requests should be made in writing to the Headteacher. A meeting will be offered to discuss the content and reasons for withdrawal.
- Pupils withdrawn will be provided with alternative learning in a supervised setting.

6. Handling Questions and Sensitive Topics

Teachers will:

- Answer pupil questions honestly, using age-appropriate language and discretion.
- Clarify when a question relates to Sex Education content that the school does not cover (e.g. explicit sexual activity).
- Inform pupils that further questions may be discussed privately or at home with parents.
- Refer any safeguarding concerns that arise to the Designated Safeguarding Leads (DSL).

Pupils withdrawn from sex education will not take part in discussions or activities during those lessons and questions related to withdrawn content will be managed sensitively in line with school policy.

7. Safeguarding and Confidentiality

RSE lessons create a safe space for children to discuss feelings, relationships and personal safety. Any disclosures or safeguarding concerns arising from these discussions will be dealt with according to the school's Safeguarding and Child Protection Policy. Teachers cannot promise confidentiality.

8. Monitoring, Evaluation, and Impact

RSE is monitored and evaluated by the PSHE/RSE Lead and the Senior Leadership Team through:

- Lesson observations and teacher feedback
- Pupil voice and discussions
- Curriculum audits
- Parent feedback
- Governor oversight

Findings are used to inform improvements to curriculum planning and delivery.

9. Communication and Availability

This policy is shared with:

- Staff through training and the staff handbook
- Parents via the school website and on request
- Governors for approval and oversight

We are committed to ongoing dialogue with families, ensuring that RSE at Heron Cross is transparent, inclusive and respectful of parental rights.

Signed (Headteacher): *G. Willdigg*

Signed (Chair of Governors): *S. Evans*

Date of Approval: September 2025

Review Date: September 2026