

PE curriculum overview 2025-2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Fundamentals : Unit 1	Fundamentals : Unit 2	Dance : Unit 1 Gymnastics : Unit 1	Ball Skills : Unit 1	Playground Games
Reception	Introduction to PE : Unit 2	Fundamentals : Unit 1 Dance : Unit 2	Gymnastics : Unit 2	Ball Skills : Unit 2	Games : Unit 1	Track & Field
Year 1	Ball Skills Fundamentals	Dance Gymnastics	Invasion Games	Sending and Receiving	Striking and Fielding Games	Athletics
Year 2	Fundamentals Ball Skills	Dance Gymnastics	Invasion Games	Net and Wall Games	Striking and Fielding Games	Athletics
Year 3	Fundamentals Y3/4	Gymnastics Dance	Netball	Tennis	Athletics	Cricket Rounders
Year 4	Ball Skills Y3/4	Gymnastics Dance	Netball	Tennis	Athletics	Cricket Rounders
Year 5	Ball Skills 5/6 Fundamentals 5/6	Gymnastics	Dance Tag Rugby	Hockey Badminton Y5/6	Athletics	Rounders Cricket
Year 6	Ball Skills 5/6 Fundamentals 5/6	Gymnastics	Dance Tag Rugby	Badminton Y5/6 Hockey	Athletics	Rounders Cricket